## Outdoor Pools

Buffalo Meadows	Pool - 1404 P	Montague Street	Free				
Swim Schedule - E							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Leisure Swim	4–8p.m.	4–8p.m.	4–8p.m.	4–8p.m.	4–8p.m.	12–8p.m.	12–8p.m.
Swim Schedule - I				The same of a second	Estables	Ostandara	0
Leisure Swim	<b>Monday</b> 12–8p.m.	<b>Tuesday</b> 12–8p.m.	Wednesday 12-8p.m.	Thursday 12–8p.m.	<b>Friday</b> 12–8p.m.	Saturday 12–8p.m.	Sunday 12–8p.m.
Loisure Owiiii	12-op.m.	12-0p.m.	12-op.m.	12-op.m.	12-op.m.	12-op.iii.	12-op.iii.
		Free					
laple Leaf Pool -		enue					
wim Schedule - E			<b>14</b> 7	<b>T</b>	<b>-</b>	0.1	
Lane Swim	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday 8a.m.–10a.m.	Sunday
Leisure Swim	4–8p.m.	4–8p.m.	4–8p.m.	4–8p.m.	4–8p.m.	12–8p.m.	8a.m.–10a. 12–8p.m.
Preschool Swim	т орин.	т ор.пп.	4-op.m.	4-op.m.	4-op.m.	12-op.111.	10a.m12p.
wim Schedule - E	ffective June 27	to September 1					10a.m. 12p.
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aquacise	•	10–10:45a.m.	_	10-10:45a.m.	_	•	_
Lana Curina	0.40	11–11:45a.m.	0.40	11–11:45a.m.	0.40	0.40	0.40
Lane Swim Leisure Swim	8–10a.m.	8–10a.m.	8–10a.m.	8–10a.m.	8–10a.m.	8–10a.m.	8–10a.m.
Preschool Swim	12–8p.m.	12–8p.m.	12–8p.m.	12-8p.m. 10a.m12p.m.	12–8p.m.	12–8p.m.	12-8p.m. 10a.m12p.r
Freschool Swilli		10a.m.–12p.m.		10a.m12p.m.			10a.11112p.1
/lassey Pool – 10	n Massov Ros	ad					
wim Schedule - E							
man odnodalo - L	Monday		Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim	12–1p.m		12–1p.m.	12–1p.m.	12–1p.m.	12–1p.m.	12–1p.m
Lane Swim	5–6p.m.		5–6p.m.	5–6p.m.	5–6p.m.	5–6p.m.	5–6p.m.
Leisure Swim	12–8p.m		12–8p.m.	12–8p.m.	12–8p.m.	12–8p.m.	12–8p.m.
Toonie Teen Swin		6–8p.m.					
Free Swim	7–8p.m.	•	7–8p.m.	7–8p.m.	7–8p.m.	7–8p.m.	7–8p.m.
	00 14 17: 1						
Regent Pool – 36							
Swim Schedule - E			Wednesday	y Thursday	Friday	Coturdov	Sunday
Family Swim	Mond	aay ruesuay	vveunesua	y illuisuay	Filuay	Saturday 5–8p.m.	Sulluay
Lane Swim (Jun 1)	2-Aug 40.0-	40.0	40.0	40.0	40.0		12-8p.m.
17)	12-op	•	12-8p.m.	12-6p.m.	12-8p.m.	12-5p.m.	•
Lane Swim (Aug 1					· · · · · · · · · · · · · · · · · · ·	•	8a.m12p.
Leisure Swim	12–8p	o.m. 12–8p.m	. 12–8p.m.	12–6p.m.	12–8p.m.	12–5p.m.	12–8p.m
Toonie Teen Swin Free Swim		m 7 0n m	7 0n m	6–8p.m.	7 0n m		7 0n m
i iee Swiiii	7–8p	.m. 7–8p.m.	7–8p.m.		7–8p.m.		7–8p.m.
	0.400.144						
Vascana Pool –							
Swim Schedule - E		Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Family Swim	Monday	Tuesuay	vveunesuay	6–7:50p.m.	Filuay	Saturday	Sulluay
Free Swim		F 7.50		0 7.00p.iii.			
		5—7:50n m			9–11a m		
	7a.m7:45p.m.	5–7:50p.m. 7a.m7:45p.m	. 7a.m7:45p.m.	•	9–11a.m. . 7a.m7:45p.m.	. 7a.m7:45p.m.	7a.m7:45n
Leisure Swim	7a.m7:45p.m. 12–6p.m.		. 7a.m7:45p.m. 12–7:50p.m.	•		. 7a.m7:45p.m. 12–7:50p.m.	
Leisure Swim Toonie Teen	12–6p.m.	7a.m7:45p.m		7a.m7:45p.m	. 7a.m7:45p.m.		
Leisure Swim Toonie Teen Swim	12–6p.m. 6–7:50p.m.	7a.m7:45p.m 12–5p.m.		7a.m7:45p.m	. 7a.m7:45p.m.		
Leisure Swim Toonie Teen Swim	12–6p.m. 6–7:50p.m. ffective June 27	7a.m7:45p.m 12–5p.m. 7–September 1	12–7:50p.m.	7a.m7:45p.m 12–6p.m.	. 7a.m7:45p.m. 12–7:50p.m.	12–7:50p.m.	12–7:50p.r
Leisure Swim Toonie Teen Swim Swim Schedule - E	12–6p.m. 6–7:50p.m.	7a.m7:45p.m 12–5p.m. 7–September 1		7a.m7:45p.m 12–6p.m. Thursday	. 7a.m7:45p.m.		
Leisure Swim Toonie Teen Swim	12–6p.m. 6–7:50p.m. ffective June 27	7a.m7:45p.m 12–5p.m. 7–September 1 Tuesday	12–7:50p.m.	7a.m7:45p.m 12–6p.m.	. 7a.m7:45p.m. 12–7:50p.m. <b>Friday</b>	12–7:50p.m.	12–7:50p.r
Leisure Swim Toonie Teen Swim Swim Schedule - E Family Swim Free Swim	12–6p.m. 6–7:50p.m. ffective June 27 Monday	7a.m7:45p.m 12–5p.m. 7–September 1	12-7:50p.m. Wednesday	7a.m7:45p.m 12–6p.m. Thursday 6-7:50p.m.	. 7a.m7:45p.m. 12–7:50p.m. <b>Friday</b> 9-11a.m.	12-7:50p.m. Saturday	12–7:50p.r
Leisure Swim Toonie Teen Swim Swim Schedule - E Family Swim Free Swim Lane Swim Leisure Swim	12–6p.m. 6–7:50p.m. ffective June 27 Monday	7a.m7:45p.m 12–5p.m. 7–September 1 Tuesday 5-7:50p.m. 7a.m7:45p.m. 7	12-7:50p.m. Wednesday	7a.m7:45p.m 12–6p.m. Thursday 6-7:50p.m.	. 7a.m7:45p.m. 12–7:50p.m. <b>Friday</b> 9-11a.m.	12-7:50p.m. Saturday	12–7:50p.r Sunday 7a.m7:45p
Leisure Swim Toonie Teen Swim Swim Schedule - E Family Swim Free Swim Lane Swim Leisure Swim Preschool	12–6p.m. 6–7:50p.m. ffective June 27 Monday 7a.m7:45p.m.	7a.m7:45p.m 12–5p.m. 7–September 1 Tuesday 5-7:50p.m. 7a.m7:45p.m. 7	12-7:50p.m.  Wednesday  a.m7:45p.m. 7	7a.m7:45p.m 12–6p.m. Thursday 6-7:50p.m. ′a.m7:45p.m. 12–6p.m.	7a.m7:45p.m. 12–7:50p.m.  Friday  9-11a.m. 7a.m7:45p.m. 12–7:50p.m.	12–7:50p.m.  Saturday  7a.m7:45p.m.	12–7:50p.r Sunday 7a.m7:45p.
Leisure Swim Toonie Teen Swim Swim Schedule - E Family Swim Free Swim Lane Swim Leisure Swim Preschool Swim	12–6p.m. 6–7:50p.m. ffective June 27 Monday 7a.m7:45p.m.	7a.m7:45p.m 12–5p.m. 7–September 1 Tuesday 5-7:50p.m. 7a.m7:45p.m. 7	12-7:50p.m.  Wednesday  a.m7:45p.m. 7	7a.m7:45p.m 12–6p.m. Thursday 6-7:50p.m. ′a.m7:45p.m. 12–6p.m.	. 7a.m7:45p.m. 12–7:50p.m. <b>Friday</b> 9-11a.m. 7a.m7:45p.m.	12–7:50p.m.  Saturday  7a.m7:45p.m.	12–7:50p.r  Sunday  7a.m7:45p
Leisure Swim Toonie Teen Swim Swim Schedule - E Family Swim Free Swim Lane Swim Leisure Swim Preschool Swim Toonie Teen	12–6p.m. 6–7:50p.m. ffective June 27 Monday 7a.m7:45p.m.	7a.m7:45p.m 12–5p.m. 7–September 1 Tuesday 5-7:50p.m. 7a.m7:45p.m. 7	12-7:50p.m.  Wednesday  a.m7:45p.m. 7	7a.m7:45p.m 12–6p.m. Thursday 6-7:50p.m. ′a.m7:45p.m. 12–6p.m.	7a.m7:45p.m. 12–7:50p.m.  Friday  9-11a.m. 7a.m7:45p.m. 12–7:50p.m.	12–7:50p.m.  Saturday  7a.m7:45p.m.	12–7:50p.r  Sunday  7a.m7:45p
Leisure Swim Toonie Teen Swim Swim Schedule - E Family Swim Free Swim Lane Swim Leisure Swim Preschool Swim	12–6p.m. 6–7:50p.m. ffective June 27 Monday 7a.m7:45p.m. 12–6p.m.	7a.m7:45p.m 12–5p.m. 7–September 1 Tuesday 5-7:50p.m. 7a.m7:45p.m. 7	12–7:50p.m.  Wednesday  a.m7:45p.m. 7 12–7:50p.m.	7a.m7:45p.m 12–6p.m. Thursday 6-7:50p.m. ′a.m7:45p.m. 12–6p.m.	7a.m7:45p.m. 12–7:50p.m.  Friday  9-11a.m. 7a.m7:45p.m. 12–7:50p.m.	12–7:50p.m.  Saturday  7a.m7:45p.m.	12–7:50p.r  Sunday  7a.m7:45p
Leisure Swim Toonie Teen Swim Swim Schedule - E Family Swim Free Swim Lane Swim Leisure Swim Preschool Swim Toonie Teen Swim Aquacise Against the	12–6p.m. 6–7:50p.m.  ffective June 27 Monday  7a.m7:45p.m. 12–6p.m.  6–7:50p.m. 9-9:45a.m.	7a.m7:45p.m 12–5p.m. 7–September 1 Tuesday 5-7:50p.m. 7a.m7:45p.m. 7 12–5p.m.	12–7:50p.m.  Wednesday  a.m7:45p.m. 7 12–7:50p.m.	7a.m7:45p.m 12–6p.m. Thursday 6-7:50p.m. ′a.m7:45p.m. 12–6p.m.	7a.m7:45p.m. 12–7:50p.m.  Friday  9-11a.m. 7a.m7:45p.m. 12–7:50p.m.	12–7:50p.m.  Saturday  7a.m7:45p.m.	12–7:50p.r  Sunday  7a.m7:45p
Leisure Swim Toonie Teen Swim Swim Schedule - E  Family Swim Free Swim Lane Swim Leisure Swim Preschool Swim Toonie Teen Swim Aquacise Against the Flow Water	12–6p.m. 6–7:50p.m. ffective June 27 Monday 7a.m7:45p.m. 12–6p.m.	7a.m7:45p.m 12–5p.m. 7–September 1 Tuesday 5-7:50p.m. 7a.m7:45p.m. 7 12–5p.m.	12–7:50p.m.  Wednesday  a.m7:45p.m. 7 12–7:50p.m.	7a.m7:45p.m 12–6p.m. Thursday 6-7:50p.m. ′a.m7:45p.m. 12–6p.m.	7a.m7:45p.m. 12–7:50p.m.  Friday  9-11a.m. 7a.m7:45p.m. 12–7:50p.m.	12–7:50p.m.  Saturday  7a.m7:45p.m.	12–7:50p.r  Sunday  7a.m7:45p
Leisure Swim Toonie Teen Swim Swim Schedule - E  Family Swim Free Swim Lane Swim Leisure Swim Preschool Swim Toonie Teen Swim Aquacise Against the Flow Water Running	12–6p.m. 6–7:50p.m.  ffective June 27 Monday  7a.m7:45p.m. 12–6p.m.  6–7:50p.m. 9-9:45a.m.	7a.m7:45p.m 12–5p.m. 7–September 1 Tuesday 5-7:50p.m. 7a.m7:45p.m. 7 12–5p.m.	12–7:50p.m.  Wednesday  a.m7:45p.m. 7 12–7:50p.m.	7a.m7:45p.m 12–6p.m. Thursday 6-7:50p.m. ′a.m7:45p.m. 12–6p.m.	7a.m7:45p.m. 12–7:50p.m.  Friday  9-11a.m. 7a.m7:45p.m. 12–7:50p.m.	12–7:50p.m.  Saturday  7a.m7:45p.m.	12–7:50p.r Sunday 7a.m7:45p
Leisure Swim Toonie Teen Swim Swim Schedule - E  Family Swim Free Swim Lane Swim Leisure Swim Preschool Swim Toonie Teen Swim Aquacise Against the Flow Water Running	12–6p.m. 6–7:50p.m.  ffective June 27 Monday  7a.m7:45p.m. 12–6p.m.  6–7:50p.m. 9-9:45a.m. 10-10:45a.m.	7a.m7:45p.m 12–5p.m. 7–September 1 Tuesday 5-7:50p.m. 7a.m7:45p.m. 7 12–5p.m.	12–7:50p.m.  Wednesday  a.m7:45p.m. 7 12–7:50p.m.  9-9:45a.m. 10-10:45a.m.	7a.m7:45p.m 12–6p.m. <b>Thursday</b> 6-7:50p.m. 'a.m7:45p.m. 12–6p.m.	. 7a.m7:45p.m. 12–7:50p.m. Friday 9-11a.m. 7a.m7:45p.m. 12–7:50p.m. 11a.m12p.m.	12–7:50p.m.  Saturday  7a.m7:45p.m. 12–7:50p.m.	12–7:50p.r.  Sunday  7a.m7:45p. 12–7:50p.n
Leisure Swim Toonie Teen Swim Swim Schedule - E  Family Swim Free Swim Lane Swim Leisure Swim Preschool Swim Toonie Teen Swim Aquacise Against the Flow Water Running Swim Schedule - E	12–6p.m. 6–7:50p.m.  ffective June 27 Monday  7a.m7:45p.m. 12–6p.m.  6–7:50p.m. 9-9:45a.m. 10-10:45a.m.  ffective Septem Monday	7a.m7:45p.m 12–5p.m. 7–September 1 Tuesday 5-7:50p.m. 7a.m7:45p.m. 7 12–5p.m.	12–7:50p.m.  Wednesday  a.m7:45p.m. 7 12–7:50p.m.  9-9:45a.m.  10-10:45a.m.  Wednesday	7a.m7:45p.m. 12–6p.m.  Thursday 6-7:50p.m.  'a.m7:45p.m. 12–6p.m.	. 7a.m7:45p.m. 12–7:50p.m.  Friday  9-11a.m. 7a.m7:45p.m. 12–7:50p.m. 11a.m12p.m.	12–7:50p.m.  Saturday  7a.m7:45p.m. 12–7:50p.m.	12–7:50p.r.  Sunday  7a.m7:45p. 12–7:50p.n
Leisure Swim Toonie Teen Swim Swim Schedule - E  Family Swim Free Swim Lane Swim Leisure Swim Preschool Swim Toonie Teen Swim Aquacise Against the Flow Water	12–6p.m. 6–7:50p.m.  ffective June 27 Monday  7a.m7:45p.m. 12–6p.m.  6–7:50p.m. 9-9:45a.m. 10-10:45a.m.	7a.m7:45p.m 12–5p.m. 7–September 1 Tuesday 5-7:50p.m. 7a.m7:45p.m. 7 12–5p.m.	12–7:50p.m.  Wednesday  a.m7:45p.m. 7 12–7:50p.m.  9-9:45a.m.  10-10:45a.m.  Wednesday	7a.m7:45p.m 12–6p.m. <b>Thursday</b> 6-7:50p.m. 'a.m7:45p.m. 12–6p.m.	. 7a.m7:45p.m. 12–7:50p.m. Friday 9-11a.m. 7a.m7:45p.m. 12–7:50p.m. 11a.m12p.m.	12–7:50p.m.  Saturday  7a.m7:45p.m. 12–7:50p.m.	12–7:50p.n <b>Sunday</b> 7a.m7:45p. 12–7:50p.m

Against the Flow Water Running	Welcome to our "not-so-lazy river" aquatic fitness class! A fun and unique way to exercise in the water: a low-impact workout for developing muscular strength and endurance, core conditioning and dynamic flexibility.
Aquacise	A fitness class using the natural resistance and buoyancy of the water.
Family Swim	A time to enjoy the pool with your unique family unit for the reduced rate of \$5. Each family unit must have one member over the age of 16. Children under the age of 8 years must be within arm's reach of an adult at all times.
Free Swim	Its Free!
Lane Swim	Lane swimming in a roped–off, designated area of the pool.
Leisure Swim	Everyone welcome! Leisure swim time is open to people of all ages and swimming abilities.
Preschool Swim	A special time for parents and children 5 years of age and under to enjoy.
<b>Toonie Teen Swim</b>	An exclusive time for youth 13-18 years old to enjoy the pool at a reduced rate of \$2.

• Waterslides close 20 minutes prior to end of Leisure Swim. • 25-Metre Lap Pool closes 5 minutes prior to end of Leisure Swim.